

# FOOD MENU

Balino Yoga Cafe  
All day brunch



## Chakra Smoothie Bowls



Crown Chakra *Free*  
inhale & exhale - you are divine



Third Eye 9,0  
mixed berries & banana topped with fresh fruits, granola & peanut butter



Throat 9,0  
blue spirulina, banana, pineapple topped with fresh fruits and granola



Heart 9,0  
matcha, banana, spinach, pineapple topped with fresh fruits and granola



Solar Plexus 9,0  
mango, banana, pineapple topped with fresh fruits and granola



Sacral 9,0  
papaya, mango, orange topped with fresh fruits and granola



Root 9,0  
strawberries, banana, ginger topped with fresh fruits and granola

## Lunch Specials

Truffled Hummus 8,0  
with carrotsticks and tortilla Wrap

Arepas 🌱 9,5  
2 filled with avocado, tomato  
2 with fried vegetables with dip on the side

Pumpkin Soup 8,0  
with bread on the side

Coconut Red Lentil Soup 8,0  
with bread on the side

Falafel Pita Sandwich 10  
with fresh salad, dip and fried sweet potato on the side

Zen-Salad 10  
with wakame, fresh salad, quinoa, tomato, avocado, walnuts & pita bread

## Buddha Bowls

Mushroom Bowl 🌱 12

with crispy Chickpeas, quinoa, salad leaves, fried sweet potato, veggies, avocado, carrot, and red cabbage topped with mushrooms, seeds and dip on the side

Falafel Bowl 12

with Quinoa, pita bread, salad, tomatoes, fresh cucumber salad, and red cabbage topped with Falafel and dip on the side

## Open Sandwiches

Tomato Toast 3,5  
served with olive oil

Avocado 7,5  
with fried onion, pepper and zucchini

Hummus & Mushrooms 7,5  
fried mushrooms

Scrambled Tofu 🌱 9,0  
with avocado on the side

*House Special*

## Sweet Treat

Croissant 2,5

Croissant with Marmelade 3,5

Porridge 7,5  
topped with banana & chocolate sauce

Muffin Chocolate or Lemon 3,5

Pancakes with cinnamon 8,5  
topped with fruits & agave syrup

Waffle with hot berries 8,0

Waffle with chocolate sauce 8,0

Carrot Cake 3,8

Brownie & ice cream 4,5  
ice cream is house made

Vegan Cheese Cake 4,5

Scoop of Home made Ice Cream 3,0

All food is 100% plant based (vegan)  
Please inform us, about any food allergies you may have.  
VAT included in the prices.  
9:00 am - 4:30 pm




# DRINK MENU

**Balino Yoga Cafe**  
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## Coffee & Co.


Espresso	1,8
Americano	2,0
Coffee with milk	2,5
Cappuccino	2,9
Café Latte or Iced Latte	3,8
Hot Chocolate	2,8
Tea & Yogi Tea	1,9
Matcha Latte	3,5
Chai Latte	3,5
Vanilla Chai Latte	3,7
Pink Chai Latte (Beetroot)	3,7
Golden Latte (Curcuma)	3,5

To-go cup for drinks	0,3
To-go container for food	0,5
Granola without gluten 	0,5

## Yoga & Brunch

Start your day with a gentle outdoor yoga class in the park every Sunday, then enjoy a nourishing brunch at our café.

Write us for more info on Instagram

Rent a Yoga mat for the day  3,0

## Cold Drinks

Fresh Orange Juice	2,8
Kombucha original, orange, rooibos, lemon	3,5
Coca - Cola	2,5
Ice-Te	2,5
Aquarius	2,5
Alhambra Beer	3,0
Glass of Wine Red / White	4,0
Water sparkling / still 50cl	2,3

Milk: Almond, Oat, Coconut, Soja,  
Semi-skimmed without lactose



## Smoothies

Power pineapple, orange, banana	5,0
Joy orange, papaya, mango	5,0
Passion strawberry, berries, banana	5,0
Love spinach, mint, cucumber, pineapple, ginger	5,0

## Bali-no

100% Plant Based kitchen in the heart of Seville.  
Inspired by 'hipster Berlin' and 'spiritual Bali'

IG: Balino\_Yoga\_Cafe

balinoyogacafe.com

All our dishes are 100% plant-based. (vegan)  
We offer lactose-free cow's milk exclusively for coffee.  
We are a vegetarian coffee shop  
Please inform us, about any food allergies you may have.  
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